

Chesapeake Regional Healthcare Summer Externship and Scholarship Program

June 22 through August 21, 2026

Chesapeake Regional Healthcare (CRH) is accepting applications from rising and graduating high school seniors, including students from the Chesapeake Career Center or Chesapeake Public Schools, as well as the family members of Chesapeake Regional Healthcare employees.

This program aims to provide students with on-the-job training, educational opportunities, and mentorship experiences in a healthcare setting. It features a **nine-week paid externship**, a **credited college course**, a **\$1,500 scholarship**, and the **potential for part-time or full-time employment** upon successful completion of the program.

Application Eligibility Requirements

Eligibility criteria for acceptance into the Summer Externship and Scholarship Program:

- Must be a rising or graduating high school senior from the Chesapeake Career Center, Chesapeake Public Schools, or a family member of a Chesapeake Regional Healthcare employee.
- Submit a copy of your high school transcript through the Fall 2024 semester, showing a minimum **GPA of 3.0**.
- Provide **proof of date of birth**: a copy of your birth certificate or a government-issued identification, such as a driver's license, permit, or military ID.
- Submit a **completed application** form.
- Include **two letters of recommendation**.
- **Application Deadline**: April 17, 2026

Program Details

Hands-on Experience

Externs will observe day-to-day operations in a hospital setting. Participants should be prepared to engage professionally and respectfully.

Commitment: (successful completion of the externship program includes the following)

- Complete a nine-week externship working approximately **40 hours per week**.
 - June 21st through August 21st.
 - Attendance is critical. Missing more than six days (due to illness, vacation, etc.) will result in ineligibility for the scholarship.

- Participate in an **on-site, credit-bearing “Introduction to Healthcare”** course through Tidewater Community College (TCC) and show proof of a passing grade.
- Full expectations will be explained during the interview process.

Dress Code: Khaki pants, black polo shirt, and tennis shoes.

Pay: Externs will be paid as temporary employees.

Scholarship & Employment Opportunities

Phase 1:

Externs who successfully complete the program will receive a \$1,500 scholarship, redeemable for tuition within 2 years.

Phase 2:

Externs who begin working at CRH within three months of completing the program may qualify for additional scholarship awards based on hours worked after **6–12 months of employment:**

- **150–200 hours:** \$500
- **201–250 hours:** \$600
- **251–300 hours:** \$750
- **301+ hours:** \$1,000

Phase 3:

After one year of employment, part-time and full-time employees may apply for **tuition reimbursement** in addition to their salary, provided they receive satisfactory performance evaluations after 90 days.

****See the next page for the fillable application.***

2026 Summer Externship and Scholarship Program Application

General Information: (Please Print)

Application Date: _____

First Name: _____ Last Name: _____

Current School: _____ Date of Graduation: _____

Email Address: _____ Phone Number: _____

Are you a family member of a Chesapeake Regional Employee? _____

If yes;
Employee's Name: _____ Employee's Department: _____

What is Your Relationship to the Employee? _____

Are you currently, or will you be, enrolled at the Chesapeake Career Center? _____

If yes, list the course: _____

Questions (Answers may be provided on a separate page.)

1) Explain why you are interested in this externship program.

2) Explain your goals for a career in healthcare.

3) Explain your educational goals or plans for career development.

4) Would you be interested in working for Chesapeake Regional Healthcare upon completing the externship program?

*By signing below, I acknowledge and agree to the following:

- I commit to completing a 9-week summer job training program from June 21st to August 21st, working up to 40 hours per week and not missing more than 6 days.
- I commit to working weekdays, understanding that hours may vary based on the hours of operation for assigned departments.
- I understand the wage for this temporary employee assignment will be minimum wage.
- I understand that I must not miss more than 6 days of the Summer Externship (due to family vacations, sickness, transportation issues, or similar occurrences) to be eligible for the scholarship.

Applicants accepted into the program will receive instructions for completing the following steps.

- Complete CRH employment application.
- Complete employment onboarding requirements in a timely manner.
- Complete the Tidewater Community College admission application and register for the course as instructed.

*Applicant's Signature:		Date:	
Parent Signature (if under 18)		Date:	

Submit your completed application to Patrice.Dykes@chesapeakeregional.com on or before April 17, 2026:

**Submit the following as an attachment in the email*

- Application (pages 3 & 4)
- Copy of your high school transcript through the Fall 2025 semester
- Proof of birthdate: Copy of your driver's license, government-issued ID card, or birth certificate
- Two letters of reference

Please see the next page.

CAREER OPPORTUNITIES WITH CHESAPEAKE REGIONAL HEALTHCARE

Nursing & Patient Care

Patient Safety Sitter	Patient Transporter
Care Partner	ED Technician
CNA	Patient Care Tech
LPN	Respiratory Therapy Asst
RN	Respiratory Therapist RRT

Imaging / Radiology / Cardiology

MRI Tech	Echocardiographer
CT Scan Tech	Telemetry Technician
Ultrasound Tech	Cardiology Tech
Special Procedures Tech	Cardiovascular Procurement
Mammography Tech	

Laboratory / Clinical Engineering

Phlebotomist	Imaging Service Engineer
Lab Transcriptionist	Biomed Equipment Tech
Medical Technologist	
Histotechnician	

Surgical Services

Anesthesia Tech	Supply / OR Core Tech
Endoscopy Technician	Sterile Process Tech
Surgical Technician	
Surgical Assistant	

Other

Dietitian	Chaplain
Fitness Coordinator	Social Worker
Supply Technician	Service Rep
Medical Secretary	
Registrar	
Central Scheduler	



Other

Service Associate
Home Health Aide
LPTA (Therapy Assistant)
Medical Assistant Certified
Pharmacy Technician
Pharmacy Tech Trainee

**GREAT THINGS
ARE HAPPENING
AT
CHESAPEAKE
REGIONAL**



ChesapeakeRegional.com

*VA-A data for 2020, through March 31, 2025. *M. Biggs, Account Manager, Interventions | Breast Health, Hologic, Inc., March 9, 2018. **VA-A market share change for the designated Hampton Procurement contract.

NATIONAL RECOGNITIONS

Highest national honor for nursing excellence.



Level III Provisional Trauma Center



Virginia Living Top Hospital 2025

Superior patient care, advanced technology and world-class expertise.

BEST REGIONAL HOSPITAL



#3 (of 30+) in Tidewater
#12 (of 90+) in Virginia

Based on performance of complex medical specialties.

Rated 'High Performing' in:

- Back Surgery/	- COPD	- Kidney Failure
Spinal Fusion	- Diabetes	- Pneumonia
- Heart Failure	- Heart Attack	- Stroke
- Colon Cancer Surgery	- Hip Fracture	

U.S. News & World Report Best Hospitals 2025-2026 (hospitals in the Commonwealth).

NEUROSCIENCES



TREATING THE MOST STROKE PATIENTS IN THE REGION¹

- Comprehensive Stroke Center
- Synaptive 3D Robotic Exoscope

SLEEP



Sleep Apnea Innovation

First hospital in Hampton Roads to have Inspire® for sleep apnea.

HEART CARE



*Learn more at ACC.org/CPMIaward.

WOMEN'S SERVICES



PREFERRED MOST BY AREA MOMS³

- Only hospital in Hampton Roads to have in-house OB Hospitalists available 24 hours a day.
- Over 3,000 babies delivered every year.



First in the region to offer minimally invasive procedure for uterine fibroids.

BREAST CARE

The Bra-ha-ha



FIRST COMMUNITY HEALTH SYSTEM IN VA TO OFFER 3-D BREAST BIOPSIES²

500+ mammograms and diagnostics provided to under-insured or uninsured women in the region.

CANCER CARE



AQUABLATION THERAPY



First in South Hampton Roads and Northeastern North Carolina to offer this groundbreaking treatment for enlarged prostates.