

Thanksgiving Closings & Modified Hours



CHESAPEAKE REGIONAL
HEALTHCARE

LIFESTYLE & WELLNESS

Monday,
November 24th

AND

Tuesday,
November 25th

***Regular hours and
group fitness classes***

Wednesday,
November 26th

6:00am-3:00pm

***No 8:30am Cardio Mix,
12 noon Power
Pulse Circuit, or
2:30pm
Beginner Tai Chi***

Thursday,
November 27th

***Thanksgiving Day
Closed***

Friday,
November 28th

8:00am-12:00 pm

***No group fitness
Classes***