

# *The Chesapeake Resource Guide*

*Connecting  
Residents  
to  
Resources*



**Chesapeake**  
THRIVES  
*Caring About Our Community's Well-Being*

757-382-CITY (2489)

## Chesapeake Health Department

Main Number	757-382-8600
Baby Care	757-382-8652
Car Seat Program	757-382-8652
Family Planning	757-382-8631
Immunization Clinic	757-382-8609
STD Clinic	757-382-8617
WIC Office – Great Bridge	757-382-8608
WIC Office – South Norfolk	757-382-2651

## Chesapeake Integrated Behavioral Healthcare (CIBH)

Main Number	757-547-9334
Mental Health Services, Same Day Services, Substance Abuse Services, Intellectual Disability Case Management Services and Day Support Services, Residential Services, Prevention Programs	
Emergency Services	757-548-7000
Infant & Toddler Connection of Chesapeake	757-547-8929

## Chesapeake Parks, Recreation and Tourism Centers

Chesapeake Parks, Recreation and Tourism Administration	757-382-6411
Camelot	757-485-7400
Deep Creek	757-487-8841
Dr. Clarence V. Cuffee	757-648-8549
Great Bridge	757-382-6292
Indian River	757-424-4238
River Crest	757-436-3100
South Norfolk	757-543-5721
Western Branch	757-465-0211

## Chesapeake Public Schools

Adult Education Center (GED, ESOL)	757-482-5680
Family & Community Engagement Center (FACE)	757-482-5923
Early Childhood Assessment Team	757-494-7600
School Nutrition Services	757-547-1470
Student Enrollment & Attendance	757-547-0545

## Chesapeake Social Services

Main Number	757-382-2000
CommonHelp <a href="http://Commonhelp.Virginia.gov">Commonhelp.Virginia.gov</a>	855-635-4370

**Benefits Program:** Childcare, Supplemental Nutrition Assistance Program (SNAP), SNAPET (Supplement Nutrition Assistance Program Education & Training), Energy Assistance, Medicaid, Temporary Assistance to Needy Families (TANF)

### **Child and Adult Protective Services:**

Adult Protective Services	757-382-2008
After Hours Adult Protective Services	1-800-552-7096
Child Protective Services	757-382-2020
Virginia Initiative for Education & Work (VIEW) Education and Training	757-382-2312

**Medical Insurance:** Family Access to Medical Insurance Security (FAMIS), Medicaid, Medicaid Expansion

**Services Programs:** Adoption, Adult Protective Services, Child Protective Services, Foster Care, Interstate Compact for the Placement of Children (ICPC), Family Recruit/Resource Unit

## Abuse Services

Adult:	
Adult Protective Services	757-382-2008

After Hours Adult Protective Services	1-800-552-7096
Family Violence and Sexual Assault Hotline	1-800-838-8238
Help and Emergency Response (HER) Shelter	757-485-3384
Legal Aid Society of Eastern Virginia	757-627-5423
Safe Harbor	757-631-0710
Victim Witness Program	757-382-6417
YWCA Coordinated Crisis 24-Hour Hotline	757-251-0144

Child:

After Hours Child Protective Services Hotline	1-800-552-7096
Child Protective Services	757-382-2020

### Child Support and Legal Assistance

Child Support Enforcement	1-800-468-8894
Legal Aid Society of Eastern Virginia Central Intake	1-866-534-5243

### Classes

Hampton Roads Bank-On [BankOnHR.org](http://BankOnHR.org)

#### **Health, Nutrition, and Youth Development**

Virginia Cooperative Extension/Chesapeake Agriculture Dept. 4-H Youth Development, Nutrition and Health, Financial Wellness, Horticulture-Home Gardening	757-382-6348
Smoking Cessation – Quit Now VA	1-800-784-8669

#### **Parenting:**

Catholic Charities	757-484-0703
Chesapeake Fathers in New Directions Program	757-382-2092
Children's Health Investment Program of SHR	757-543-9100
Chesapeake Public Schools Family & Community Engagement (FACE)	757-482-5923
Children's Hospital of The King's Daughters	757-668-9304
Grandfamilies Relatives as Parents Program	757-434-5162
National Alliance on Mental Illness (NAMI) of Coastal Virginia	757-499-2041
Seton House (classes for teens and parenting teens)	757-306-1840
Spark	757-461-5098

#### **Pregnancy:**

Breastfeeding Support Group (CRH)	757-312-6245
Childbirth/Lamaze Classes (Optima/Sentara)	1-866-239-0618
Children's Health Investment Program of SHR	757-543-9100

#### **Public Safety Community Outreach:**

Chesapeake Fire Department	757-382-6297
Crime Prevention Unit	757-382-6189

### Counseling

Catholic Charities	757-484-0703
Chesapeake Integrated Behavioral Healthcare (CIBH) Mental Health	757-547-9334
Children's Hospital of the King's Daughters (CHKD)	757-668-HOPE (4673)
Crisis Pregnancy Center of Tidewater	757-410-9703
Eden Counseling and Consulting	757-466-3336
EDMARC Grief Counseling/Piece by Peace (Grief Counseling)	757-967-9251
Family Insight	757-233-0003
Family Preservation	757-455-8300
Jewish Family Services	757-459-4640
Keim Centers	757-499-4444
LGBT Life Center	757-640-0929
Mediation Center of Hampton Roads	757-624-6666

National Counseling Group	757-325-9570
The UP Center	757-622-7017
Therapeutic Interventions	757-410-0382
Tidewater Pastoral Counseling Services	757-623-2700
Tidewater Youth Services Commission	757-488-9382
Virginia League for Planned Parenthood	757-499-7526

### Courts

<b>Circuit:</b>	757-382-3000
Civil, Criminal, Deeds & Records, Marriage License, Notaries, Probate Will	
<b>General:</b>	757-382-3100
Traffic, Criminal, Civil	
Juvenile & Domestic Relations Court	757-382-8100
Juvenile Intake, Probation and Parole	757-382-8150
Mediation Information (Juvenile Court)	757-382-8133
Victim Witness Program	757-382-6417

### Disability Information/Special Needs

Autism Society of America (Tidewater chapter)	757-461-4474
Brain Injury Association of American	1-800-444-6443
Chesapeake Parks, Recreation and Tourism Therapeutic Recreation Program	757-382-1328
Chesapeake Public Schools Family & Community Engagement (FACE)	757-482-5923
CHKD Care Connection for Children	757-668-7132
Dept. of Aging and Rehabilitative Services	1-800-552-5019
Early Childhood Assessment Team	757-494-7600
Endeppence Center, Inc.	757-461-8007
Eggleston Disability Employment Services	757-962-2189
Infant & Toddler Connection of Chesapeake (CIBH)	757-547-8929
Intellectual Disability Services (CIBH)	757- 547-9334
Social Security/SSI/SSDI	1-800-772-1213
The Hitching Post Education Center	757-606-0756

### Early Care/Education

Chesapeake Department of Human Services Early Child Care Program Coordinator	757-382-2322
Chesapeake Public Schools Preschool Initiative	757-842-4099
Child Care Aware of Virginia	1-804-285-0846
Children's Harbor Training Program	757-622-0900
HRCAP Head Start (Main)	757-247-0379
Moms Matter	757-543-9100
Ready Regions – Southeastern	757-446-7468
Sleeptight (Cribs & Safe Sleep Education)	757-543-9100

### Emergency

Animal Control	757-382-8080
Chesapeake (CIBH) Mental Health Crisis	757-548-7000
Crime Prevention Unit	757-382-6189 or 757-382-6223
Emergency Police/Fire/Ambulance	911
Non-emergency	757-382-6161
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Suicide & Crisis Lifeline	988
Virginia Poison Control	1-800-222-1222

## Financial Resources

Hampton Roads Bank-On <a href="http://BankOnHR.org">BankOnHR.org</a>	
Catholic Charities Financial Assistance Program	757-484-0703
Chesapeake Department of Human Services	757-382-2000
Help and Emergency Response (H.E.R.)	757-485-3384
Hampton Roads Bank-On	bankonhr.org
House of Blessing	757-547-9341
Housing Crisis Hotline	757-587-4202
Salvation Army	757-543-8100

## Food Pantries/Meals

Food Bank of Southeastern Virginia/ <a href="http://Foodbankonline.org">Foodbankonline.org</a>	757-627-6599
<a href="http://AbbaList.org">AbbaList.org</a>	
<a href="http://Resources757.org">Resources757.org</a>	
Buffalow Friends & Family Community Center	757-739-5222
Meals on Wheels	757-312-6458
PIN ( <a href="http://Parentsinneedhr.org">Parentsinneedhr.org</a> ) 0-6	
The Great Exchange <a href="http://Thegreatexchangeva.com">Thegreatexchangeva.com</a>	757-266-8796
WIC Office - Great Bridge	757-382-8608
WIC Office - South Norfolk	757-382-2651

## Home Visitation Programs

Chesapeake Baby Care	757-382-8652
CHIP of SHR	757-543-9100
Chesapeake Regional Home & Supportive Care	757-312-6460

## Housing

Regional Housing Crisis Hotline	757-587-4202
Chesapeake Redevelopment & Housing Authority (CRHA)	757-523-0401
Norfolk Redevelopment & Housing Authority (NRHA)	757-623-1111
Portsmouth Redevelopment & Housing Authority (PRHA)	757-399-5261
S.T.O.P. Inc.	757-858-1360
Suffolk Redevelopment & Housing Authority (SRHA)	757-539-2100
Virginia Housing Development Authority (VDHA)	1-877-843-2123

## Housing Crisis Assistance

Regional Housing Crisis Hotline	757-587-4202
Chesapeake Area Shelter Team (CAST)	757-321-9353
Chesapeake We Care Resource Center	757-937-8740
Help and Emergency Response (HER) Shelter	757-485-3384
Seton Youth Shelters	
(Boys Facility)	757-498-4357
(Girls Facility)	757-306-1840
Union Mission	757-627-8686

## Jobs/Job Training

Coastal Virginia Building Industry Association	757-420-2434
Goodwill Industries	757-248-9405
Hampton Roads Workforce Council	757-461-7537
Job Corps	1-800-733-5627
JobWorks	757-382-2312
SNAP Employment & Training Program	
Virginia Initiative for Education & Work (VIEW) Education & Training	
Step-Up, Inc	757-588-3151
Urban League of Hampton Roads	757-627-0864
Virginia Employment Commission	757-558-4455

## Libraries

Central Library	757-410-7156
Dr. Clarence V. Cuffee Outreach & Innovation Library	757-410-7034
Greenbrier Library	757-410-7061
Indian River Library	757-410-7003
Major Hillard Library	757-410-7078
Russell Memorial Library	757-410-7020
South Norfolk Library	757-410-7048

## Medical

### Clinics

Chesapeake Care Free Clinic (Medical and Dental)	757-545-5700
Chesapeake Community Health Center	757-228-1288
Crisis Pregnancy Clinic of Tidewater	757-410-9703
EVMS HOPES Free Clinic	757-446-0366
Hampton Roads Community Health Center (Norfolk)	757-533-9108
Hampton Roads Community Health Center (Ports.)	757-393-6363
Old Dominion Dental Clinic (Dental Cleanings only, No Medicaid)	757-683-4308
Park Place Dental Clinic	757-683-2692
Virginia League for Planned Parenthood	757-499-7526

### Hospitals

Bon Secours Maryview Medical Center	757-398-2200
Chesapeake Regional Medical Center Mother Baby Unit	757-312-8121 757-312-6159
Children's Hospital of The King's Daughters Children's Health Line	757-668-7000 757-668-7500 or 1-800-395-2453
Sentara Heart	757-388-8000
Sentara Leigh	757-261-6000
Sentara Norfolk General	757-388-3000
Sentara Princess Anne	757-507-1000
Sentara Virginia Beach General Hospital	757-395-8000

### Medicaid and HMOS

Anthem Health Keepers Plus	1-800-901-0020
Managed Care Helpline	1-800-643-2273
Medicaid 'Cover Virginia'	1-833-522-5582
Optima Family Care	1-800-881-2166

### Vision/Hearing

Eye Care America (glasses for seniors)	1-877-884-6327
Lions Quest	602-267-7573
New Eyes for the Needy	1-973-376-4903

## Military/Veterans

Air Force Aid Society	1-703-972-2650
Army Emergency Relief	1-866-878-6378
Exceptional Family Members Program	1-800-342-9647
Family Advocacy (Fleet & Family Support Ctr. at Portsmouth Navy Medical Center)	757-953-7801
Fleet & Family Support Center at Little Creek	757-462-9503
Fleet & Family Support Center North West Annex	757-421-8770
Hampton VA Veteran Affairs Medical Center	757-722-9961
Navy-Marine Corp Relief Society Portsmouth	757-953-5956
Senior Services of Southeastern Virginia Veterans Direct Program	757-461-9481
TCC Veteran Services	757-822-5298

Virginia Department of Veterans Services  
(Disability/Benefits Claims) 757-455-0814

### Mental Health Resources

Chesapeake Integrated Behavioral Healthcare (CIBH) 757-547-9334  
Chesapeake Wellness and Recovery Coalition 757-536-6045  
National Alliance on Mental Illness (NAMI) of Coastal Virginia 757-499-2041

### Older Adults

Resource Information 757-382-2268  
Chesapeake Parks, Recreation, and Tourism 757-382-6411  
City Customer Contact Center 757-382-2489  
Grandfamilies – Kinship Care 757-434-5162  
HarmonyCares Medical Group 757-853-1380  
I-Ride Transportation Service 757-222-4513  
Long-term Care Ombudsman 757-461-9481 ext. 542  
Meals-on-Wheels 757-312-6458  
Medicare Counseling 757-222-4512  
Senior Services of Southeast Virginia 757-461-9481  
Virginia Navigator 866-393-0957

### Psychiatric Hospitalization and Residential Care

#### Inpatient Hospitalization:

Barry Robinson Center 757-455-6100  
Harbor Point Behavioral Health Center 757-393-0061  
Kempsville Center for Behavioral Health 757-461-4565  
Maryview Behavioral Medicine Center 757-398-2367  
Newport News Behavioral Health Center 757-888-0400  
Virginia Beach Psychiatric Center 757-496-6000

#### Residential Care Programs:

Magellan IACCT Required for residential placement requests  
(Medicaid Only) - [MagellanProvider.com](http://MagellanProvider.com)  
Chesapeake Children's Services Act (CSA) 757-382-2330  
*For non-Medicaid contact Tricare (1-800-444-5445), your local  
Community Service Board (CSB), and/or your insurance company*

### Social Security

National Number 1-800-772-1213  
Norfolk-5850 Lake Herbert Dr. 1-866-858-6089  
Portsmouth-3305 Airline Blvd. 1-866-593-8851  
Suffolk-502 Hillpoint Blvd. 1-866-835-7769

### Substance Abuse Services

AL-ANON Family Groups 757-563-1600  
Alcoholics Anonymous 757-490-3980  
American Addiction Centers 1-888-380-9374  
Barry Robinson Center 757-455-6100  
Chesapeake Integrated Behavioral Healthcare (CIBH) 757-547-9334  
Chesapeake Wellness and Recovery Coalition 757-536-6045  
CIBH Crisis Intervention/Emergency Services only 757-548-7000  
Spark 757-461-5098  
Tidewater Area of Narcotics Anonymous 1-866-777-1515

### Support Groups

Alzheimer's Association/Alzheimer's Caregiver Support 1-800-272-3900  
Brain Injury Association Brain Injury Information Center 1-800-444-6443  
Chesapeake Regional Healthcare 757-312-6132

CHKD SibShops	757-668-7273
Grandparents Raising Grandchildren	757-434-5162
Hispanic Parents Support Group	757-543-9100
National Alliance on Mental Illness (NAMI) of Coastal Virginia	757-499-2041
Peace by Piece <a href="http://edmarc.org">edmarc.org</a>	757-967-9251
Virginia Department of Health Caregivers Support Group	757-382-8653

### Transportation

Go To Work Virginia	757-639-5766
Health Keepers Transport (5 day notice)	1-877-892-3988
HRT	757-222-6100
HRT paratransit	757-455-8010
Optima (Sentara) Cab (5 day notice)	1-877-892-3986
Senior Services of Southeast Virginia/I-Ride	757-517-2904
Straight Medicaid Cab (5 day notice)	1-866-386-8331
VA Premier Transport	757-461-0064

### Youth/Teen Programs & Services

4-H Program	757-382-6348
Boy Scouts of America	757-497-2688
Boys & Girls Club of Southeast Virginia:	
Thurgood Marshall Unit	757-545-7263
Truitt Unit	757-494-7949
Chesapeake Parks, Recreation and Tourism Youth Programs	757-382-6411
Children's Services Act (CSA)	757-382-2330
Chesapeake Thrives, Division of Human Services	757-382-2226
Girls on the Run Hampton Roads <a href="http://gothr.org">gothr.org</a>	757-965-9040
Girl Scouts of Colonial Coast	757-547-4405
NextGen Pathways	757-233-8686
Spark (Spring & Summer camps)	757-461-5098
Together We Can	757-518-0770
Triple R Ranch	757-421-4177
VOLUNTEER Hampton Roads	757-624-2400
YMCA:	
Edinburgh	757-204-7320
Great Bridge/Hickory Family YMCA	757-546-9622
Greenbrier Family YMCA	757-547-9622
Greenbrier North YMCA	757-366-9622
Taylor Bend Family YMCA	757-638-9622
Youth Fire Intervention Program	757-382-6566



**For more resource information, contact:**

Customer Contact Center: 757-382-CITY (2489)

Information & Referral: 211

Housing Crisis Hotline 757-587-4202



Resources757